

Online Parenting Resources:

- www.kidshealth.org
 - #1 most visited website devoted to children's health and development for parents, kids, teens, and educators
- www.loveandlogic.com/pages/articles-and-advice-for-parents
 - Free parenting articles, tips and advice for handling children of all ages (For easy reading, go to the end of the articles for printer friendly PDFs)
- www.pbs.org/parents
 - Parent resources, tips and activities to help raise kind, curious and resilient kids
- www.additudemag.com and www.chadd.org
 - ADD/ADHD resources for parents and children
- www.common sense media.org
 - Leading parenting source to help you and your child navigate the world of social media and internet safety
- [http://www.massmed.org/Patient-Care/Health-Topics/Violence-Prevention-and-Intervention/Non-Suicidal-Self-Harm-Brochure-\(pdf\)/](http://www.massmed.org/Patient-Care/Health-Topics/Violence-Prevention-and-Intervention/Non-Suicidal-Self-Harm-Brochure-(pdf)/)
 - Tips for parents on non-suicidal self-injury/NSSI ("cutting"), a common mental health concern