

Crisis and Suicide Prevention

It's OK not to be OK and it's OK to Ask for Help

Hotlines and Crisis Lines: If There is an Immediate Threat Call 911

- National Suicide Prevention Lifeline: **1-800-273-8255**
<https://suicidepreventionlifeline.org/>
- Veterans Crisis Line: **1-800-273-8255** and Press 1
<https://www.veteranscrisisline.net/>
- Crisis Text Line: **text HOME to 741741**
<https://www.crisistextline.org/>
- The Boys Town National Hotline: **1-800-448-3000**
<https://www.boystown.org/hotline/Pages/resources.aspx>
- Trevor Lifeline for LGBTQ youth: **1-866-488-7386**
<https://www.thetrevorproject.org/>
- Trans Lifeline: **877-565-8860**
<https://www.translifeline.org/hotline>
- WeRNative (for Native Americans) Chat:
<https://wernative.worldsecuresystems.com/ask-auntie/chat.htm>
<https://www.wernative.org/>

Local Resources

- Northwest Connections: **1-888-552-6642**
<http://www.nwgcg.com/services/northwest-connections/>
- Prevent Overdose WI
<https://www.dhs.wisconsin.gov/opioids/prevention.htm>
- HOPELINE (Emotional Support Text Line) **TEXT HOPELINE to 741741**
- Aurora Community Counseling: **715-635-4858 ext. 114**
- Chippewa Valley Free Clinic: **715-839-8477**
- Cadott School District: **715-289-3795**
 - Elementary Counselor: Dena Manier ext. 1109 or manierd@cadott.k12.wi.us
 - Jr/Sr High School Counselors: Sam Hochstetler ext. 4540, hochstetlers@cadott.k12.wi.us & Katie Stanton ext.4550, stantonk@cadott.k12.wi.us
 - School Nurse: Jessica Hager ext. 1503, hagerj@cadott.k12.wi.us
 - School Psychologist: Marcie Williams ext. 4125, williamsm@cadott.k12.wi.us